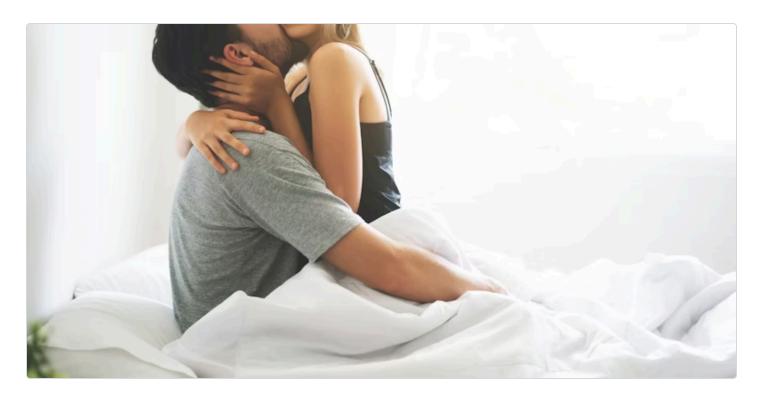


Best Penis Extender in 2025

In a crowded field, what's the best penis extender for you? We put them to the test and then broke down the pros, cons, and all major considerations.

by <u>Daniel Imperiale</u> 🖹 Last updated: Jan 3rd, 2025

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If you're reading this, you likely wish your penis was larger. It may not surprise you that most men aren't satisfied by the size of their penises, even though most men's penises are within an inch or so of average. [1] But should people be content with average if there are ways to make a penis better than average?

safe as well as effective? Will they break your bank account, or are they affordable? How long will it take to enlarge your penis? Can you trust a particular company to deliver the product discreetly?

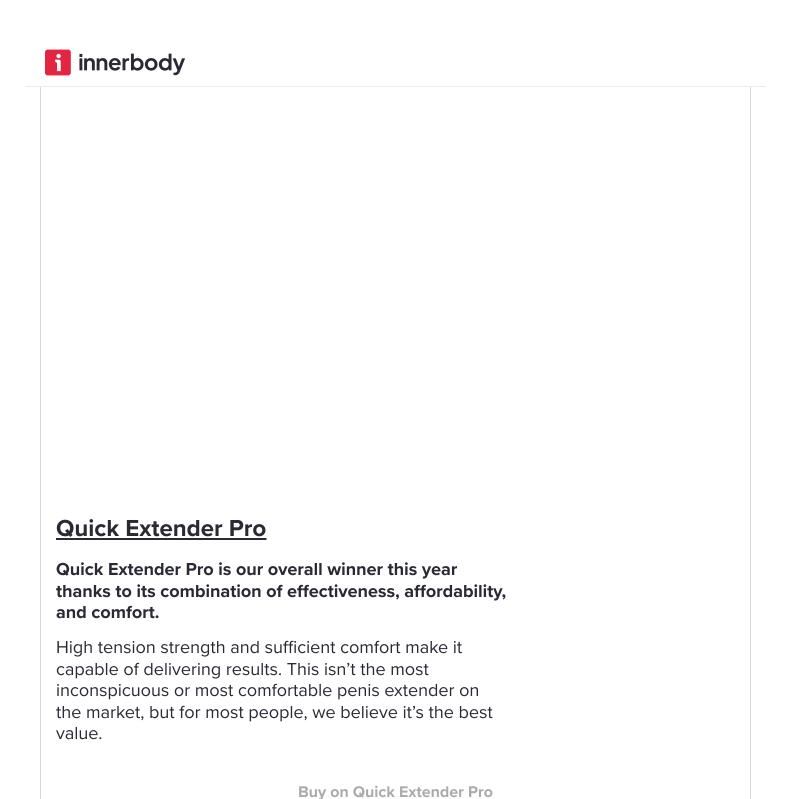
The good news is that there are safe ways to make your penis larger (and straighter, for men with Peyronie's who cope with curvature that makes sex more difficult or painful). We've tested the devices and evaluated them in comparison to one another. Here is our guide to the best penis extenders in 2025 — devices that can actually work.

For those in a hurry, here are our top recommendations without further ado:

Summary of recommendations for best penis extender

- Best overall: Quick Extender Pro
- Best budget: Quick Extender Pro
- Best for convenience: <u>Phallosan Forte</u>
- Best for maximum comfort: <u>Phallosan Forte</u>
- Best for Peyronie's disease: Quick Extender Pro
- Best for men with micropenis: <u>Phallosan Forte</u>

Our Top Choice					



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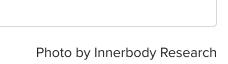
At Innerbody Research, we extensively test each health service we review, including penis extenders. Our team has performed extensive hands-on testing of these devices to determine everything from the customer experience to the comfort of the extenders themselves.

We also tempered our hands-on testing with thorough research into the science of penile traction therapy and penis enlargement, reviewing dozens of scholarly articles on the topic. All told, we amassed thousands of hours of testing and research of penis extenders and thousands more regarding male sexual wellness. Additionally, like all health-related content on this website, this guide was thoroughly vetted by one or more members of our Medical Review Board for accuracy.



decisions to live healthier lifestyles.

What is a penis extender?



Studies tell us that 95% of men have erections whose length is less than 6.3 inches, and a full 85% of men have penises that fall roughly within an inch of average length when erect. (Average size when erect is 5.16 inches long and 4.59 inches in circumference.)^[1] The many men who are more than an inch shorter than average size or whose partners have admitted a lack of sexual satisfaction understandably look for safe ways to achieve enlargement.

In the broader world of penis enlargement, approaches commonly fall under three different categories — surgery, substances, and devices. Penis extenders fall under that third category of products. All of the penis extenders in

Extension devices were intended to treat Peyronie's disease, a condition in which calcified tissue accumulates in the penis, causing painful curvature.^[3] These devices were effective at straightening the penises of men with Peyronie's disease, and study subjects also saw average increases in length just under one inch.^[4]

Traction as a method of enlargement

The easiest way to understand penis traction is by thinking of muscle-building. When people lift weights or work out to build muscle, the exercise causes very tiny tears in our muscle tissue. The body repairs these microtears with cell replication.^[5] This repair process is what builds our muscles.

In essence, this is the concept behind the effectiveness of traction in enlarging the penis. A traction device, such as a penis extender, applies pressure to stretch the tissues of the penis gradually but persistently for several hours at a time. This pressure causes microtears in the tissues of your penis, which the body then repairs similarly to how it repairs and "builds" muscle after a proper workout. Gradually, this translates to growth in penis size.

As the body repairs microtears in the corpora cavernosa — the spongy tissue in the shaft that collects blood — men find their erections gaining noticeable size and strength. Clinical studies confirm that wearing penis extenders produces actual results for men hoping to enlarge their penises. [6]

Importantly, the growth in size that some men see within the first couple months of using traction-based devices

months rather than weeks. Once you have used a penis extender for several months, you can stop when satisfied with your size, knowing that the gains are now permanent.

How big can you get?

While it's fairly common for companies to suggest gains of multiple inches within the span of months, we believe these claims are exaggerated. Most studies we've read have used traction devices for anywhere from 12 weeks to 12 months. But we have yet to encounter a credible study in which participants gained more than an inch or so in length. That said, anecdotal reports convey tales of greater gains, particularly from men using penis extenders for years.

We can confidently say you can expect to gain upwards of an inch in as little as 12 weeks, but more likely over the course of many months. Other factors may play into whether greater gains are possible in certain individuals, but no scientific studies have illustrated this possibility.

Who are penis extenders for?

Penis extenders are a suitable choice for nearly any man who wants to add length to his penis, along with potentially a more modest gain in girth at the glans (or "head"). Just make sure that your expectations are realistic. All research, testing, and customer interviews that we've done lead us to conclude that your realistic expectations for success are in the 1-inch vicinity after months of using a penis extender. After using the device for several months, those gains are permanent and certainly dramatic enough to satisfy most men. If you're

There is also some evidence that traction devices can improve erectile performance, especially in men who experience ED after a prostatectomy.^[7] [8]

Who might not be a good candidate?

There are certain men for whom the process will be both easier to perform and more comfortable than it is for others. Men who might have more trouble with penis extenders include:

Uncircumcised men

It's generally easier for circumcised men to use penis extenders, as the foreskin can get in the way of initial application and, in some instances, even get pinched in a device.

Men with significant micropenises

Clinically, micropenis is defined in adults as any penis being shorter than 3.66 inches when gently stretched.^[9] Many traction devices have base lengths of around 3.6 inches. If your size is closer to two inches, you might have difficulty putting on the penis extender, and initial sessions may be more painful.

Men with very large penises

There's no theoretical limit to a man's starting length on his extension journey, but especially large penises, particularly in girth, may have a hard time fitting into devices. Men with Peyronie's disease often find that tractionbased penis extenders are among their most effective options. Urologists may combine traction with other therapies, including oral medications and penile injections, both of which carry some significant side effect risks. But traction is typically a cornerstone of treatment.

Treatment regimens may look different when using a penis extender for Peyronie's than they would for enlargement alone. For example, sessions with the Quick Extender Pro add an extra centimeter of extension from the start, increasing the tension force on the penis. Men with Peyronie's often experience straightening and extension concurrently. You should talk to your doctor about using a penis extender to treat your Peyronie's before attempting treatment on your own.

A broad look at the best penis extenders on the market

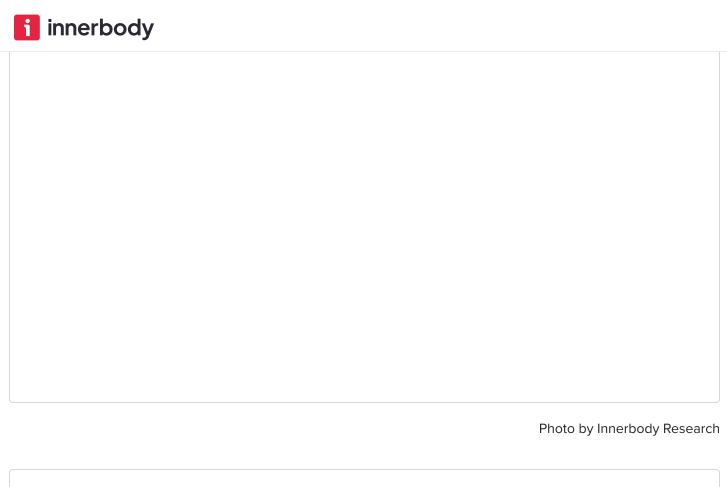
Here's a comparison of the best penis extenders we tested for this guide, with more details below. All of these devices rely on traction and produce desired results when used as intended and for the necessary length of time.

	Quick Extender Pro	Phallosan Forte	PeniMaster	SizeGenetic
Minimum price	\$120	\$379	\$245	\$200

ravorite				
Money-back guarantee	6 months		1 month	
Traction or vacuum combo	Traction	Combo	Combo	Traction
Hours per day	4-8 hours	4-10 hours	6-12 hours	4-12 hours
Can wear overnight?		✓	✓	
Discreet in low- activity public situations?	✓	✓	✓	
Time to best results	3+ months	6+ months	6+ months	6+ months
Maximum tension	4,000g	3,000-4,800g	2,400g	2,800g

Our top pick in 2025: Quick Extender Pro

Best overall, best budget choice, and best for Peyronie's disease



Pros

- ✓ Most affordable penis extender that impressed us
- ✓ More tension strength than all but one of our recommendations
- Capable of achieving some of the fastest results
- Effective for men correcting mild to moderate Peyronie's curvature
- ✓ Lightweight, which enhances comfort
- ✓ Best money-back guarantee in its class
- Clearer instructions than most others, with handy measuring tape included
- ✓ Save 25% with promo code INNERBODY

Cons

- X Not compatible with overnight wearing
- Not as comfortable as Phallosan Forte or PeniMaster PRO

What do paring knives and penis extenders have in common? Hopefully not much, but there is one thing: sometimes the least expensive choice can be the best for most people.

The market for penis extenders is crowded, and not all devices are the same. Based on our testing and analysis, Quick Extender Pro gives the best combination of strength, comfort, affordability, and fast results. For that reason, it's our editor's choice as the best penis extender for most men in 2025. It's also one of the most popular products among the men we've interviewed in the process of making this guide.

First, let's consider strength. The Quick Extender Pro is capable of greater tension than almost all of the high-quality penis extenders we tested. At 4,000g tension strength, only a very expensive combination of Phallosan Forte products would exceed it. This high amount of tension strength and the classic approach (sans vacuum) make this our recommendation for correcting mild to moderate Peyronie's curvature, as well. RestoreX, a model advertised specifically to combat Peyronie's, costs over \$500 and is significantly less comfortable than Quick Extender Pro.

In terms of comfort, you could spend more money for a more comfortable penis extender — namely, the Phallosan Forte — but we find the Quick Extender Pro to be plenty comfortable for its purpose. (This isn't a device that is intended to be worn overnight, for instance; if that is a requirement for you, then consider the Phallosan Forte or PeniMaster Pro.) With a dual-strap approach and

Though one of the strongest penis extenders on the market, the Quick Extender Pro is lightweight and small enough to be worn pretty discreetly under baggy clothing in very low-activity public settings as well, in a pinch — something we were able to verify in testing.

Quick Extender Pro pricing

Quick Extender Pro offers several products at different price points. Right now, you can buy a high-quality, rodbased penis extender from this company for less than comparable products elsewhere, making it an excellent value.

Below is a quick breakdown of available products. For most people, we believe the Deluxe Standard Edition will be the best value.

	Deluxe Standard	Deluxe Limited	Value	Curvature & Peyronie's
Price	<u>\$180</u>	<u>\$350</u>	<u>\$120</u>	<u>\$180</u>
Tension strength	3,500g	4,000g	3,000g	4,000g
Maximum device length	8 inches	16+ inches	7 inches	12 inches
Extra tubes and comfort pads?	✓	✓		✓
6-month money-back guarantee	✓	✓	✓	✓

Quick Extender Pro offers a 6-month satisfaction guarantee that asks you to use the penis extender for six months and then gives you 20 days after that to set up a

to submit before and after photos and enter your measurements on a weekly basis on the parent company's "Diary." We consider this to be both invasive and an unfair loophole buried in the fine print that will nullify almost every customer's guarantee. Quick Extender Pro has no such loopholes or invasive requirements.

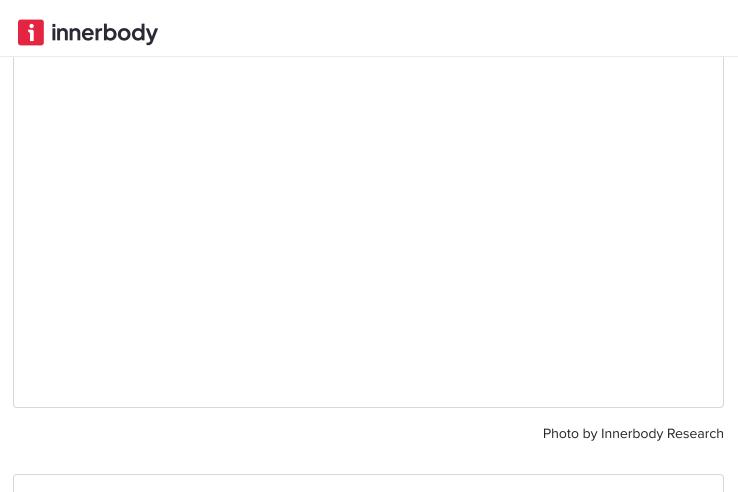
However, Quick Extender Pro's warranty isn't the longest in the business. It lasts for a year, which is long enough for you to gain upwards of an inch, but companies like Phallosan offer 2-year warranties on their products.

Check out our full reviews of <u>Quick Extender Pro</u> to learn more.

How does Quick Extender Pro compare to the penis extender it edged out as our top recommendation? Let's explore the Phallosan Forte in greater detail.

Phallosan Forte

Best for convenience, best for maximum comfort, and best for men with micropenis



Pros

- There is evidence that combining vacuum pressure with traction achieves results in length and girth
- Can be worn discreetly in public
- Can be worn overnight
- ✓ Very comfortable
- ✓ Traffic light system ensures proper tension
- Adjusting the tension is achievable while wearing the device

Cons

- X A more expensive penis extender
- No competitive money-back guarantee policy
- X Somewhat more complicated piece of equipment

The <u>Phallosan Forte</u> stands out in a few ways from many competitors. It relies on both traction and vacuum mechanisms. For some of you, its combination of features and convenience ought to make it a top consideration. It's one of only a few penis extenders on the market you can wear overnight. It's harder than other devices to detect under clothing, and its combination of vacuum pressure and traction allows it to increase both length and girth. [11] Traction-only penis extenders typically do not offer much girth enhancement.

Our testers were impressed by the Phallosan Forte. In the video in the "How to use a penis extender" section below, you'll see that it's relatively easy to put together and wear, once you've figured out how each part works. Unfortunately, the instructions are worded poorly, likely due to their translation from the original German. (Phallosan's parent company is located in Germany.) But between those instructions and our video tutorial, you should be able to master it shortly.

The overnight treatment option is tantalizing for obvious reasons. Many penis extenders just don't do well in this scenario either because of a bulkier, cumbersome design or because they become painful when a nighttime erection happens. We found that the Phallosan Forte is one of two penis extenders that excel in overnight wear. It's capable of delivering this level of convenience thanks to the way the apparatus hugs the side of the waist, making things less frustrating for those of us who toss and turn a bit in the night.

This combination of factors allows many people to relegate some of their penis extender time to the wee

One downside is that Phallosan Forte lends itself to more gradual results because its tension is lower than that of Quick Extender Pro — unless you spend an extra \$120 on the Phallosan Plus+ add-on that grants you additional tension and stability. Combined with the Phallosan Plus+ addition, you can get up to 4,800g of pressure, which is even more than Quick Extender Pro. However, based on our testing and analysis, we believe most people will not need 4.800g, so we suggest you try Phallosan Forte on its own before considering the additional investment. It's also worth noting that the addition of the Plus+ renders the whole penis extender unsuitable for overnight use or use under clothing, as it's much larger.

Phallosan Forte pricing

Phallosan's pricing is very straightforward. It offers two central products:

Phallosan Forte: \$379

Phallosan Plus+: \$120

Combination Forte and Plus+: \$499

It's a bit disappointing that you don't actually save any money by purchasing the Forte and the Plus+ at the same time. That said, it does make it easier to start with just the Forte and know that an upgrade won't be more costly down the line.

Phallosan also sells an array of accessories that you'll need to pick up from time to time. These include protector caps and sleeve condoms, which are silicone pieces that work with the vacuum pump to protect your glans and secure the vacuum seal along the shaft. These require regular maintenance (coating with baby powder

To be fair, every company has some expendable parts like these that you'll have to replace over time. Phallosan's parts are more expensive, but they're also more durable if you care for them. Phallosan covers its penis extenders for two years, which is one of the longer warranties in the space (Quick Extender Pro, for example, offers a 1-year warranty).

Our full reviews of <u>Phallosan Forte</u> can help you learn more.

How to use a penis extender

When you first unpack your penis extender, you might understandably be a bit confused about how to put it together or get it in place. And in the case of Phallosan Forte, the device is a bit more complicated, and tutorial materials from the company are a bit lacking, in our opinion.

To clear things up, we've made some helpful videos that walk you through the process with the two penis extenders we recommend most; many other extenders follow similar procedures. In the videos, we show how penis extenders are assembled and properly worn, using an anatomical penis model for illustrative purposes.

To understand the mechanics of a penis extender that features rod-based traction, here's a look at how to assemble and use the Quick Extender Pro:



And for a closer look at the workings of a penis extender that relies on a combination of traction and vacuum, here's a look at the assembly and use of the Phallosan Forte:

When used as directed, penis extenders are very safe. [8] You should follow the instructions on using your device to avoid potential bruising or discomfort. Listening to your body is important, too. Reputable companies explain a process of gradually ramping up tension strength and the number of hours you use the penis extender. Following these programs is a necessary step to avoid any potential bruising.

Tingling and stretching sensations are normal when using a penis extender, but pain and discomfort aren't normal or expected at all. If you encounter this, you should discontinue use immediately and contact the company. As long as you use the penis extender as intended and aren't overly aggressive in how quickly you increase tension, the devices are designed to cause no harm.

Safety in comparison to alternatives

The only other viable alternative to penis extenders at this time is surgery, which carries with it the risk of unintended side effects. Surgery is almost always a last resort in medicine because the risks of complications tend to increase as compared to non-surgical solutions. When there is a non-invasive, non-surgical method of achieving the same desired results, scientists and medical professionals almost always advise against surgery. [10]

Penile extension surgery is particularly scary. Some procedures involve severing the base of the penis where it is attached to the pubic bone, which allows flaccid penises to hang more significantly. But these surgeries carry various risks, including erectile dysfunction and



or another.

Other procedures, often intended to increase penile girth, involve layering extra tissue beneath the skin of the penis. This tissue sometimes comes from cadavers, and both rejection and infection are noteworthy risks.

Alternative methods now exist to implant silicone instead of actual tissue; in the case of silicone implants, the surgical procedure must be reversed due to serious compilation in three percent of operations.

Considerations when choosing a penis extender

We tested and evaluated penis extenders based on effectiveness, price, safety, comfort, and convenience. This helped us form an overall picture of value and usability. We also gathered opinions from numerous customers who gave us their own reviews of the penis extenders as well, in order for us to develop a picture of broad user satisfaction and success.

The best penis extender for you might not be one of our top choices, but a different device, depending on a few factors in your life. Here are some major considerations.

Effectiveness

Winner: Quick Extender Pro

How quickly do you want results? Some penis extenders are built to deliver results after 6-12 months of gradual, low-impact usage. Other companies design their devices with greater tension strength, allowing for more intensive use and — theoretically — faster results (as long as the

Quick Extender Pro offers models with up to 4,000g of tension strength, and even its least expensive model delivers 3,000g — 200g more than the next best offering from traction devices. The only penis extender in our guide to offer more pulling force without the addition of actual hanging weights is Phallosan. But you can only get up to that number (4,800g) by investing in the company's most expensive package.

Your preference will depend on how quickly you feel you need results, balanced with your availability to wear the device for what could amount to an extended period each day. Finding the right balance for you will be key to your contentment with the penis extender. And, of course, you must listen to your body as you use a penis extender. If you're experiencing discomfort, it's a signal from your body that you need to slow down and reassess. Do not ignore discomfort because these devices shouldn't cause discomfort when used properly.

Since penis extenders require a significant commitment in time and a big dose of patience in order to be effective, it's important to consider how they size up in the landscape of alternatives. That landscape happens to be pretty small, though.

It's not hard to find sexual health supplements and topicals that will *promise* just about everything in their marketing, including penis enlargement. But at this time, there is no supplement or cream that clinical research indicates could be effective for penis enlargement. Certain supplements may improve the strength and durability of erections (though usually not as reliably as a prescription ED medication); by doing so, these can create an impression that a penis is getting larger, even

Surgery is the only alternative that has been shown to be effective for penis enlargement, but it comes with a whole host of risk factors, some of which actually cause the penis to shrink. At the end of the day, a penis extender is the only effective means for enlargement that has scientific support and a reasonable safety profile.

Safety

Winner: Phallosan Forte

When used correctly, all of the best penis extenders — certainly those in this guide — should be safe. Penis extension by traction and vacuum pressure have very few adverse effects. Some manufacturers sell moisturizing creams many men like to apply after their sessions, as users report some dryness being common. But beyond that, proper use is very safe.

That said, there is a gradual learning curve with these devices, along which you'll find some significant confusion. If you make a mistake in assembly or misinterpret some of the directions, you could easily put yourself in a position of overextension. You might not even feel it at first, but you might experience some tenderness or bruising afterward.

We've provided video guidance for the assembly and use of the most common types of penis extenders in our "How to use a penis extender" section a bit earlier in this guide. Of all the models our team tested, the Phallosan Forte had the shortest path to mastery, and the convenient ability to adjust the tension strength by loosening or tightening the belt mid-session can help ensure safety.



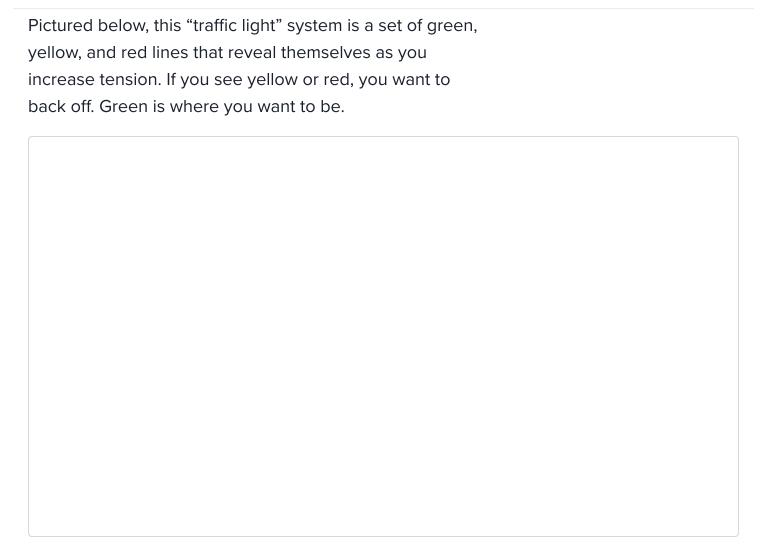


Photo by Innerbody Research

As with efficacy, it's important to understand that extension is a superior option to potential alternatives. Surgical intervention is significantly dangerous, and pills or creams that claim to enlarge your penis have no scientific support. These may even contain ingredients that could cause serious health complications, and the companies that market them are often untrustworthy.

Comfort and convenience

Winner: Phallosan Forte

No matter what device you choose, you'll need to wear it as instructed, which is often for extended periods.

additional features to help you maintain comfort, including everything from moisturizing lotions to padding material.

Like it or not, these packages are often well worth it, which is why we often recommend you consider them above the more entry-level packages. Comfort that doesn't sacrifice strength allows you to wear the device without issue for longer periods, which in turn may speed up the process of penis enlargement.

The Phallosan Forte uses more robust comfort accessories than the typical foam and gauze you get with traction-only devices. And the adjustability of its belt allows you to dial in your exact extension after you put it on — not all devices offer that convenience or comfort. In fact, the Forte is one of only two models in our guide suitable to wear overnight, though we recommend getting familiar with the device (and your tolerance for it) before wearing it to sleep.

The one big knock on Phallosan is its lack of a money-back guarantee. In this department, Quick Extender Pro reigns supreme. It offers a 6-month satisfaction guarantee that doesn't have the loopholes you'll find in other companies' policies.



Insider Tip: If you decide to go with any of the products sold by DanaMedic (SizeGenetics, Jes Extender, or Male Edge), note that you can't access the money-back guarantee unless you sign up for the company's "Diary" and enter your measurements every week. You'll also need to take a before picture prior to commencing

Cost

Winner: Quick Extender Pro

Penis extenders aren't all priced the same. If you're on a tight budget, you may well want to ignore what we just said about comfort and opt for the device package with the lowest price tag. If that's a necessity, rest assured that you can choose an entry-level option from any company in this guide and be well-served by it. All of these products, at whatever price level, are safe and effective.

The only downside to many lower-priced packages is that you may need to use the penis extender for more weeks or months to get the same results a slightly stronger device could offer. And if you find you like using what few comfort materials a lower-tier package provides, you'll have to invest in replacements before long, which can be more expensive than if you'd opted for a better package from the start.

Quick Extender Pro offers the best marriage of price, comfort, efficacy from tension strength, and included accessories. It does this at its most basic level, delivering 200g more tension strength than the next strongest traction-only device for about \$30 less.

And broadly, penis extenders are the most affordable of a limited set of options for penis enlargement. The alternatives, which involve surgery, will be the costliest treatment paths. Surgical procedures to lengthen or increase the girth of the penis cost thousands of dollars — often ranging from around \$6,000 to \$20,000, depending on your location and the nature of the

in advance.

Let's take a closer look at the other models that made the cut in our guide.

PeniMaster PRO

Pros



Can be worn comfortably for long periods

Can be worn overnight if necessary

✓ Longest warranty among extenders in this guide (five years)

Cons

The lower tension strength creates more gradual growth

More complicated than any other model in our guide

More expensive than strictly traction-only penis extenders

Money-back guarantee period is too short to see results

The combination of comfort, convenience, and affordability makes the PeniMaster PRO appealing to many men. While not as affordable as competitors like Quick Extender Pro, it is less expensive than its closest functional rival, Phallosan Forte (both utilizing a combination of vacuum and traction techniques). This could make PeniMaster PRO a major contender for your business.

offers more tension strength without needing complicated and expensive accessories. To equal Phallosan's tension strength, you'd need to purchase the PeniMaster PRO weight-pulling force generator, which essentially attaches small weights to the end of the vacuum component; those weights literally pull down on your penis. This is, by far, the most setup effort and the largest package of the penis extenders in our guide, making a fully decked-out PeniMaster PRO less suitable for travel.

One of our testers echoed the sentiments of some customers who find the PeniMaster PRO not quite as ideal as the Phallosan Forte when trying to wear it discreetly under clothing; these men felt that the only good position for it was straight upward, as opposed to downward or to the side (two options that PeniMaster contends are suitable). Most of our testers found it to work just fine in a downward or diagonal position, however.

PeniMaster pricing

If you go onto the PeniMaster site and buy only the PeniMaster PRO basic system, you won't really be able to use it for anything other than vacuum pressure applied to your glans. The company's other sets, which we'll outline in a chart below, offer experiences similar to the Phallosan Forte.

PeniMaster offers more savings opportunities on its products than some competitors, including a 20% discount for students and a 12.5% discount for owners of competing products. You can't combine any of these discounts, though.

Here's a quick breakdown of PeniMaster prices at the time of this writing:

	Complete set	Rod expander system	Belt expander system	Complete set + Weight pulling force generator
Price	\$352	\$309.01	\$288	\$448.50
Tension strength	1,150g	1,150g	1,150g	2,400g
Extension rods	1in x 2, 2in x2	0.5in x 2, 1in x 2, 2in x 4	0.5in x 2, 1in x 2, 2in x 4	0.5in x 2, 1in x 2, 2in x 4

PeniMaster's 5-year warranty is the longest of any product in our guide, but the company's 1-month money-back guarantee is lacking. You only get one month to try the product, and that's not enough time to see results from extension. It's one thing if you find the device too cumbersome or difficult to use, but if you get six months in and don't see any results, that 1-month guarantee will have long since expired.

To learn more, check out our full review of <u>PeniMaster</u> PRO.

Word of caution

If you decide that PeniMaster PRO is the best penis extender for you, don't buy just the "PeniMaster PRO Basic" on its website because this includes only the bulb that attaches to your glans. By itself, this bulb is *not* a penis extender and will not achieve your goals of penis enlargement; it's intended to be used either with PeniMaster's rod or belt system or a different weight

To buy a package that will achieve penis enlargement out of the box, you need to opt for the belt or rod expander systems, both of which include a PeniMaster PRO bulb; the complete set, which includes both rod and belt options; or the PeniMaster Classic, which includes only a traditional rod-based penis extender without the PeniMaster PRO glans bulb attachment.

A forewarning about DanaMedic and its guarantee loophole

The same parent company, DanaMedic, produces the next three penis extenders in our guide. This company extends a 6-month money-back guarantee on its products, but some specific caveats are only spelled out in the fine print of the terms and conditions.

If you want to be eligible for any money-back guarantee from these brands, you have to do the following:

- 1. Sign up for the company's Diary
- 2. Input your weekly measurements into your Diary profile
- 3. Be prepared to submit both before and after pictures of your penis to prove the device didn't work for you.

You would likely be denied any guarantee claim if you didn't know about the Diary, which is very well hidden on these companies' sites. You might be denied a claim if you miss a week of measurements. You might be denied if you forgot to take a picture before starting treatment. And in testing, our attempts to sign up for the Diary were all unsuccessful. No verification emails were ever sent, making contributions to the Diary impossible.

SizeGenetics

promised. The closest thing to a readily available caveat on any of these company sites is that SizeGenetics lists "Our 'money-back' confidence guarantee," with the quotation marks around "money-back," as if to let you know it's a sham.

To be fair, these penis extenders should still work for most men, but if they don't, DanaMedic doesn't appear interested in making good on its promises.

None of the other companies in our guide have such requirements for you to access their guarantees.

Photo by Innerbody Research

Pros			

Power to achieve noticeable growth in months



Some packages include moisturizer and oral supplement

Cons



Higher cost than some competitors is hard to justify



Heavier than other penis extenders



Poor guarantee policy



Frustrating customer service experience

SizeGenetics is one of the most worthwhile products from DanaMedic, a company that makes several penis extenders, including MaleEdge and JES Extender. It's neither the company's cheapest option nor its most luxurious, so it offers something of a Goldilocks position in the lineup. That said, the parent company has one of the sneakiest guarantee loopholes in the business (as described in the previous section above), all but ensuring that no one will be able to make a guarantee claim if they're dissatisfied with their results. And our testers found that SizeGenetics customer service, in particular, was very difficult to deal with and remarkably unreliable.

Just like MaleEdge and JES Extender, a SizeGenetics extender delivers up to 2,800g of tension strength, making it an effective penile traction device. One noteworthy feature SizeGenetics offers that other penis extenders could benefit from is the opportunity to make minute adjustments to your tension while wearing the device. You can achieve this by rotating both of the threaded adjustment bolts at the base of either extension arm. If you notice discomfort during a session, you won't

instead.

The major downside we discovered with SizeGenetics is the weight of the device. Although SizeGenetics enables you to fine-tune those settings, this penis extender is one of the heavier devices we tested, likely due to the use of stainless steel over aluminum, which adds durability but also weight. The added weight, as compared to Quick Extender Pro or MaleEdge, is noticeable.

With penis extenders, lighter is definitely better, in our opinion, as long as the device doesn't sacrifice tension strength.

SizeGenetics pricing

SizeGenetics offers four packages. As you spend more money, packages gain extra extension rods and products like SizeGenetics' moisturizer or Boost multivitamin.

These products may be useful for some men, but SizeGenetics does not list the supplement facts for Boost on its website, and all that's said about the moisturizer is that it's silicone-based. Given these shortcomings, it might be wise for men interested in SizeGenetics to start with a smaller package that doesn't include these extras.

Here's a quick breakdown of products and pricing:

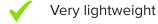
	Value Edition	Comfort Package	Ultimate System	Curvature Edition (Peyronie's)
Price	\$199.95	\$249.95	\$299.95	
Tension strength	2,800g	2,800g	2,800g	2,800g

Extension rods	1in x 2, 2in x2	0.5in x 2, 1in x 2, 2in x 4	0.5in x 2, 1in x 2, 2in x 4	0.5in x 2, 1in x 2, 2in x 4
Bonus materials	None	Protech no- slip material	Advanced comfort plaster, moisturizer, traction powder	Tubes, gauze, front piece, Boost multivitamins
Travel case			✓	

In one of our testing phases, we received a set from SizeGenetics that didn't have any extension rods other than those already attached to the device. We contacted customer service and were given a significant runaround, eventually having to make a formal warranty claim that took several weeks to resolve. We had no such experiences with other companies in this guide.

MaleEdge

Pros



✓ Straightforward mechanics require no extension rods

Colorful designs

Budget-friendly

Cons

X During adjustments, the device feels a bit uneasy and cheap

Less powerful than Quick Extender Pro

Not quite as comfortable as others

available from DanaMedic, with a base model starting at \$149. Its power matches that of JES Extender and SizeGenetics, ensuring that MaleEdge can deliver results after several months of use as directed.

But, unlike those other two models, MaleEdge doesn't use extension rods. You can adjust the length of the rods by unscrewing them slightly and pulling them out, then screwing them back into place at their new length. All of the extension you'll likely need is built-in. However, the adjustment experience itself might make some users question its sturdiness. There were times when our testers felt that the device was at risk of breaking, though no breaks occurred.

Nonetheless, MaleEdge didn't inspire as much confidence and trust in our testers as other penis extenders — and when you're fastening a device to your penis, you want to be confident in it. It's an appealing budget choice but, like many other budget purchases, might not stand the test of time as well as other slightly more expensive options. Indeed, one of the more common complaints among customers we've spoken to — even those who were pleased that MaleEdge works and recommend it — was the fact that the penis extender can break over time.

MaleEdge pricing

To be frank, MaleEdge packages all come with the same base model, though there are different colors with each package. The only real differences among the packages are the number of rubber straps you get, the amount of gauze included, and the number of protective foam pads.

Here's how it breaks down:

Price	\$149	\$174	\$199
Tension strength	2,800g	2,800g	2,800g
Straps included	2	3	5
Gauze rolls included	0	0	1
Protective pads included	0	1	2
Ruler included	✓	✓	✓
Travel bag included	✓	✓	✓

In our testing experience, those rubber straps were pretty durable, and while you will need to replace them eventually, you might not need all five that come with the Pro package. Like all DanaMedic products, MaleEDGE offers a one-year warranty on its penis extenders, equal to Quick Extender Pro but shorter than Phallosan or PeniMaster.

JES Extender

Pros



Penis extenders with a potential bling factor



Titanium model solves the SizeGenetics weight issue



Base models are more affordable than PeniMaster

Cons



🗶 Unless you're motivated by design, you can find better value

If you or someone you love would like a penis extender in 24-karat gold, you won't find that option from Quick Extender Pro, but JES Extender has one for \$350. Will a gold extender make any difference in your treatment time or overall results? No, it won't. But JES Extender is the only place to go if you have the money to burn and are determined to get the fanciest-looking penis extender on the market.

It doesn't stop at gold, either. JES Extender offers platinum, titanium, and stainless steel models, as well. But for our top pick, we were not seduced by good looks. Our recommendation of Quick Extender Pro instead of JES Extender boils down to an assessment of value; simply put, the Quick Extender Pro is just as safe and comfortable, is capable of faster results through stronger tension, and sells at a lower price with better customer service.

JES Extender pricing

JES Extender's lower models follow the same pricing convention and deliver the same materials as the SizeGenetics catalog, but its higher-level models separate it from that other brand.

A close look at JES Extender's base models will reveal that they are entirely identical to the models offered by SizeGenetics (recall that they are two brands under the same company umbrella, DanaMedic). One of our biggest complaints about SizeGenetics is its weight, which is noticeably heavier than others. The base JES Extender models suffer from the same issue, but the company's titanium offering is much lighter, as titanium is

model from either company (just \$50 more). If you are interested in what SizeGenetics has to offer but also concerned about its weight (justifiable, in our opinion), this <u>JES Extender Titanium model</u> might be the best penis extender for you.

Here's how it all breaks down:

	Light	Original	Titanium	Straightene
Price	\$199.99	\$229.99	\$249.99	\$299.99
Tension strength	2,800g	2,800g	2,800g	2,800g
Extension rods	1in x 2, 2in x2	0.5in x 2, 1in x 2, 2in x 4	0.5in x 2, 1in x 2, 2in x 2	0.5in x 2, 1in : 2in x 4
Rod material	Stainless steel	Stainless steel	Titanium	Stainless ste
Case	Cardboard, storage	Wood, storage	Metal, travel	Wood, stora

JES Extender offers the same warranty and faulty moneyback guarantee as SizeGenetics and MaleEdge. If warranties and guarantees matter to you, you should consider the Quick Extender Pro or the Penimaster PRO instead.

Penis extender FAQ

three inches to 12, but they can add noticeable length and, in some cases, girth to your penis. Studies, many looking into extenders as medical devices to treat penile disorders like Peyronie's disease, have confirmed this.^[4]

How long do penis extenders take to work?

Studies that showed growth from the use of extenders typically ran between 12 weeks and 12 months. You'll want to give it at least three months to begin seeing results, and you may need to be patient and consistent with your use for up to a year.

Are penis extender results permanent?

The good news is that results are permanent. If you use your penis extender for several months and increase your size by around an inch or more, those gains will not go away.

Does penis extension hurt?

No, penis extension doesn't hurt. At least, it's not supposed to. It's possible to experience discomfort or bruising if you use the device incorrectly or wear it for too long a period. Adjustments to tension and your regimen will solve this, though.

Are penis extenders safe?

Penis extenders are mostly safe.^[8] There is a risk of bruising or discomfort if you use the device incorrectly. Some men also report dryness in the skin from the stretching process, which can be resolved with moisturizing cream.

What's the difference between a penis extender and a penis pump?

A penis extender is designed to add length and, in some cases, girth to your penis. A penis pump is designed to draw blood into

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Do penis extenders work for uncircumcised men?

Yes, uncircumcised men can use penis extenders. It may take a little trial and error to determine how you like to use it, as different men will or will not fold back their foreskin based on preference.

Can you pee while wearing a penis extender?

It's possible to pee while wearing a traction-based penis extender, though we recommend removing the device to use the bathroom for safety and sanitary reasons. And vacuum-based devices cover the glans entirely, so you'd definitely have to remove that type of penis extender to urinate.

Can penis extenders treat Peyronie's disease?

Penis extenders can treat Peyronie's disease. Studies have shown significant reductions in curvature, especially when combined with other therapies.^[3]

Can penis extenders treat ED?

There is some evidence that penis extenders can treat ED, especially in men who experience ED after undergoing a prostatectomy.

Are there natural ways to enlarge the penis?

There are no other natural ways to enlarge the penis. There is very little scientific support for things like jelqing, or attempting to recreate the action of a traction-based penis extender manually. Surgery is an option that has worked for some men, but the side effect risks are significant and include infection and necrosis of the skin on the penis. [13]

Are there other benefits to penis extension?

reports. Many men also have minute curves in their penises that are not Peyronie's disease but can straighten out while using penis extenders.

Will getting an erection while wearing a penis extender hurt me or the device?

Getting an erection while wearing an extender is no cause for panic. You won't damage the device, but it could increase the chances of discomfort after your session. If you're able to, we advise removing an extender if you get an erection while wearing it.

Final takeaway

After comparing our own hands-on testing to all of the scientific evidence and anecdotal reports we've encountered, it's safe to say that penis extenders work. If you stick to your regimen, you'll gain upwards of an inch within a year. Studies don't look much further than that, but anecdotal reports indicate the potential for continued growth beyond that point. For the service they offer, these devices are remarkably inexpensive, and most men have nothing to lose by trying one out.

13 Sources (+)

READ THIS NEXT





We put Quick Extender Pro to the test — our reviews give the details about prices, results,	Our 2025 reviews tell you if Phallosan Forte makes your penis bigger. Learn about cost,
PeniMaster Pro Reviews: Is it effective for penis enlargement? Our 2025 reviews tell you if PeniMaster Pro can make your penis bigger without discomfort and for a good price.	ExtenZe Reviews: A non-prescription pill for treating ED? Our reviews tell you if ExtenZe might be a solution for improving your sex drive and treating ED.
BlueChew Review: Everything you need to know before you buy Is BlueChew safe? Is it worth the money? Our medical experts review it based on testing, research, and interviews.	BlueChew Free Trial Guide and How to Get \$20 OFF Your First Month with Our BlueChew Coupon Code Claim your BlueChew FREE trial using our exclusive coupon code. Learn how to get your BlueChew Free Sample.



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